Featured on the Fish Dish podcast!

Fisherman's Brunch

Serves 4

Ingredients

- 1 cup cooked flaked fish (lake trout or rainbow trout are good options)
- 4 frozen tart pastry shells or 1 9-inch pie shell
- ¹/₂ cup grated Swiss cheese
- 1 tablespoon finely chopped onion
- 4 slightly beaten eggs
- 1 teaspoon salt
- 1 teaspoon pepper
- Paprika
- Spices, herbs and garnishes as desired

Instructions

- Bake pastry shells at 350°F for 5 minutes or until slightly browned.
- Remove from oven.
- Combine all other ingredients except for paprika and garnishes.
- Pour into pastry.
- Sprinkle with paprika.
- Bake at 350°F for 20 minutes.
- Add garnishes and serve.



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